



*Mission: Empowering Choices for Life, Sexual Integrity, and Healthy Families.*

*Vision: To Reach, Rescue, and Renew All Individuals at Risk of Unplanned Pregnancies and STDs.*

Winter 2014

# give / thirty

30 years. 30 dollars. 1000 donors.



(From left to right: Courtney White, Debbie Salinas, Cindy Sumy, Jessie Schaeffer, Sandy Minter, Chelsea Frantz)

### Life Choices' Executive Directors:

1984-1985	Jessie Schaeffer	2003	Courtney White
1985-1997	Cindy Sumy	2003-2009	Sandy Minter
1998-2003	Debbie Salinas	2009-Present	Chelsea Frantz

Congratulations! For 30 years you have prayed for, supported, and encouraged Life Choices so that we could continue God's work in helping men and women in our communities who find themselves facing unplanned pregnancies! We mean it when we say, we would not be here without you.

Zechariah 4:10 says, "Who dares despise the day of small things..." This verse is referring to a vision given to Zechariah regarding the rebuilding of God's temple. It would seem, to the Jewish people, ridiculous to envision a second Temple that could possibly be as grand as the first, with what little resources they had. The task, in human eyes, seemed impossible. But one resource they had would make all the difference, the Spirit of God! Not only would the task be completed, but it would stand as a witness to the power of the Almighty. One commentator wrote in regards to this verse, "the day of small things is the day of precious things, and will be the day of great things."

That day in 1984, when Jessie Schaeffer said yes to the Lord's vision of a pregnancy resource to women was the day of great things! The Holy Spirit has continued to build on that day, and here we are, 30 years later, doing more than human minds would have ever thought possible. From meeting in a tiny room of a church building, to three beautiful clinics across three counties... God has done mighty things!

We must never forget the day of small, precious things. But we must also continue to watch for His next vision. What impossible thing will He do next, through Life Choices? A fourth medical clinic? What about a fifth or a sixth? A maternity home? An international pregnancy resource center? Does it seem impossible? If so, when it comes to pass, what a great witness it will be to the power of our mighty King!

Thank you for your support over the last 30 years. Life Choices would like to challenge you, in honor of our 30th anniversary, to give an extra \$30 towards our future. The goal in 2014 is to have 1,000 donors give so we can raise \$30,000 towards God's next big endeavor. Join us as we march boldly into the next chapter, wherever it may lead!



And REJOICE we did!!! Our two Fall Banquets were LIFE SAVING blessings. November 7 & 8 were evenings of rejoicing for us and our 500+ guests. We rejoiced over the 66 lives SAVED since we opened our first medical clinic in 2011. We rejoiced over our new Indiana My Choice Medical Clinic. We rejoiced over our very 1st Indiana Banquet at the Indiana Country Club. We rejoiced over the amazing message our guest speaker, Carol Everett, shared with us. We rejoiced at over \$118,000 raised to help us save even more lives in 2014. We rejoiced over the way God is moving through us and in us. Thank you to all who attended and helped to make those Banquets the success they needed to be to allow us to continue our LIFE SAVING work!!!

### Many Thanks and Blessings to our Devoted Sponsors:

#### Gold Star:

Dr. and Mrs. Joe Salinas

#### Bronze Star:

Mills Chiropractic Center & Good News Realty

#### Shining Star:

Farmers & Merchants Bank of Western PA  
Holbein, Inc.

Holsinger, Clark & Armstrong, P.C.

Dr. Francis P. Calligan, DMD

Dr. John A. Marty; Ankle and Foot Care, Inc.

Russell and Janet Niehenke

Almost Home Day Care

Environmental Pest Management, Inc.

*Because of their support, the money raise at our Banquets can go directly into our services!!*

**Please support these generous businesses as they support LIFE !!!**

## Join Our EDUCATION TEAM

I would like to introduce myself. I am Christy Pittman, the Education Director of Life Choices. I am a new employee to a new position. First about me, I am an ordained pastor with a passion to equip, empower, and educate those in crisis to give them a hand up and out of the darkness. I am married to my best friend Dave, and we have 3 children who range in age from 19 to 7 years old. We reside in Armstrong County and I look forward to ministering to our community.

Now about teenCARE, previously this division of Life Choices focused on abstinence education in the public schools of Armstrong County. However, in the past 3 years, we have opened 3 medical clinics in 3 counties. Because of that growth, it became apparent that our education division needed to grow as well in order to keep up with the needs of the counties in which we are called to minister.

We are in the early stage of restructuring teenCARE to be an Education Division of Life Choices which will encompass our clients, students of all ages, parents, churches, and educators. To that end, part of our vision is the development of an education team to assist in meeting the needs of our communities.

Understandably, education is the one area where most volunteers and supporters feel ill equipped. However, education is the foundation on which we must stand on to systematically change the culture of these rural counties of Western PA. If we can properly educate, empower, and equip those in our counties regarding the importance of sexual integrity then we can become the catalyst for change. Sexual Integrity needs to be protected in childhood, directed in adolescence, and celebrated in adulthood. Therefore, our education department will be focusing on education for all stages of life. It is a huge undertaking but one that God has clearly called us to as a ministry.

Modern poet Maya Angelou has said, "When you know better you do better." Our goal is to educate young people about the benefits of living a life of integrity. We can no longer assume their lives at home, at school, online, and with friends are intersecting each other. Integrity is not something that is developed in isolation when they are facing decisions regarding risky behavior. Integrity needs to be built from the foundation up. When we are able to instill integrity into the lives of students, then educating them about the necessity for sexual integrity becomes a much easier task.

**You may be asking "How can I possibly help?"**

1 Peter 2.9 "...you are a chosen people, a royal priesthood, a holy nation, God's special possession, that you may declare the praises of Him who called you out of darkness into His wonderful light."

Because we could not succeed without the time, talent, and support of our partners in ministry, we do need your input.

**Are you passionate about prevention? Then you are passionate about education!**

Consider contacting us regarding the Education Team. We are a group of like-minded individuals who seek to honor God's call in educating our circles of influence to live holy, integrity filled lives. Our goal is to pursue relevant, modern methods for delivering the timeless message of sexual integrity for all people. We will seek the most effective means of delivering that message to both public and private schools and organizations in all of the counties we minister in, for the goal of preserving life. My door is always open. I would love to speak with you. Let's start the conversation!



Acts 17:30 "God overlooks it as long as you don't know any better - but that time is past. The unknown is now known, and He's calling for a radical life-change.

Be radical, join us!

-Blessings,  
Christy L. Pittman  
Education Director  
Christy@yourlifechoicesinfo.com

## Who's going to take care of that unwanted baby AFTER they're born?

We have all heard this pro-abortion argument haven't we? I think if we're honest with ourselves, we even do a double take when we hear it. Pro-lifers are only interested in saving a baby. Pro-lifers don't care about the unborn child's mother and dad, or their well-being and quality of life.

It's an accusation that can get us thinking... and that's a good thing.

When we start to check ourselves, and our motives, we have the opportunity to really see what matters to us. What is driving us? Who indeed do we really care for in our clinics? Are we guilty of only caring about saving babies? Do we see each baby saved as a notch on our ultrasound machine?

(I'm waving my hands in the air, and trying to get the teacher's attention from my seat while chanting "oh oh, I can answer that!! Pick me, pick me, I can answer that!"). The answer makes me smile every time I give it. Life Choices is "woman centered" period (no, actually Life Choices is "woman centered" exclamation point)!

We love these moms and dads who are experiencing an unplanned pregnancy so much that we talk with them at length to explain the physical, emotional, and spiritual effects of abortion; and then, we show them through ultrasound imaging the precious new life that is developing inside this new mamma's tummy. We care so much about their lives that we would never want them to experience the long term psychological and emotional impact of an abortion decision.

Someone needs to tell them the truth without financial gain being the motive. We know that Planned Parenthood has a large financial reason for a woman to choose abortion. We at Life Choices' "My Choice Medical Clinics" don't ask our clients for a penny.

We freely offer our clients truth, through education, about the life and development of their unborn child. We offer them the truth about the awesome option of adoption. We tell them the truth about abortion procedures and about both short and long term effects that the procedure can have on their physical, emotional, and spiritual well-being. We also tell them the truth about how abortion will affect their relationships, their future pregnancies, and their interaction with their future children. We educate our clients about the link between abortion and breast cancer; the link between abortion and preterm birth; and even about the link between abortion and child neglect and abuse. They didn't know that abortion would bring with it a significant increased risk of clinical depression, anxiety, drug and alcohol abuse, Post Traumatic Stress Disorder, and suicidal thoughts or behaviors. They didn't know that their chances of experiencing guilt, grief, depression, eating disorders, and difficulty bonding with future children would increase because of an abortion.

No one told them that they would go through life thinking that God will never forgive them. We love them enough to tell them the truth, and to show the way of love, the way of life, and the way of salvation through faith in Jesus.

Even then, we don't leave our clients without help. Every woman experiencing an unplanned pregnancy, who chooses life at one of our three clinics, has the opportunity to participate in a weekly support and education setting. It is through our "Earn While you Learn" program that we can offer her hope, help and options for her future and the future of the child that she is now planning to carry to term.

No, we are not just pro-lifers in the "baby" saving business; we are pro-lifers in the "future" saving business. Will you join us?

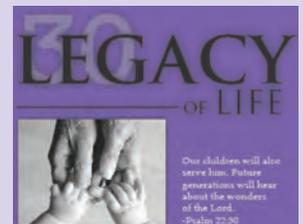
For Life,  
Traci Fiaretti  
Client Services Director  
Traci@yourlifechoicesinfo.com

**Join us on Thursday May 15, 2014 for our annual Spring Fundraising Banquet at the Days Inn in Butler.**

Our guest speaker this year is humorist, writer, and one-time professional golfer, Kirk Walden. Kirk, author of *The Wall*, is a former pregnancy help center director and founder of LifeTrends, a company serving more than 1,100 life-affirming ministries in the United States and throughout the world.

Come join us on May 15 as we continue fighting for LIFE in the Butler Community.

For more information on attending the Banquet, hosting a table, or becoming a business sponsor, please call 724-545-2826 or visit our website at [www.yourlifechoicesinfo.com](http://www.yourlifechoicesinfo.com).



# Fall Banquets, Huge Success!



2013 Banquet Speaker, Carol Everett with Executive Director, Chelsea Frantz



First Annual Indiana Banquet!



2013 Armstrong Banquet

Thank you to all of the churches and organizations who participated in our 2013 Baby Bottle Campaign. Because of your love and support of LIFE, over \$69,000 was raised to fight for and SAVE the unborn in Armstrong, Butler and Indiana Counties. You are truly doing God's work.

## Participating Churches and Organizations

Alive Community Church, Sarver  
 CCC Women's Group  
 Crooked Creek Co-op Lutheran Ministries, Ford City  
 Center Hill Church of the Brethren, Kittanning  
 Chicora Christian Missionary Alliance  
 Christ, Our Rock, Worthington  
 Christ, Prince of Peace, Ford City  
 Christ's Outreach Church, Butler  
 Community Alliance Church, Butler  
 Church of the Good Sheppard, Apollo  
 Dixonville Wesleyan Church  
 East Brady/Sligo United Methodist Church  
 Elderton Lutheran Parish  
 Evangel Heights Assembly of God, Sarver  
 Evangelical Lutheran, Worthington  
 Faith Community Church, Freeport  
 First Lutheran Church, Rural Valley  
 First United Methodist Church, Kittanning  
 Furnace Run Chapel, Kittanning

Grace Brethren Church, Kittanning  
 Harvest Community Church (Kittanning)  
 Harvest Community Church (Petrolia)  
 Harvest Community Church (Indiana)  
 Knights of Columbus:  
 -Father McNelis Council #1481 (Indiana)  
 -Sacred Heart of Jesus Council #1096 (Homer City)  
 -Blairsville Council #3624  
 -Kittanning Council #1011  
 Limestone/Reesedale Church of God  
 Mt. Union Bible Church, Kittanning  
 New Life Christian Ministries, Cabot  
 North Street Christian Church, Butler  
 Our Lady of the Assumption, Coral  
 Penn Christian School, Butler  
 Saxonburg Memorial Presbyterian Church, Saxonburg  
 St. Bernard of Clairvaux, Indiana  
 St. Fidelis, Butler

St. James, Apollo  
 St. John's Reformed, Chicora  
 St. Lawrence, Cadogan  
 St. Mark, Butler  
 St. Mary, Freeport  
 St. Mary, Kittanning  
 St. Patrick, East Brady  
 St. Peter's Reformed, Zelenople  
 St. Simon & Jude, Blairsville  
 St. Thomas More, Indiana  
 St. Vincent de Paul Society Thrift Store, Apollo  
 The Point, Saltsburg  
 The Summit, Indiana  
 West Glade Run Presbyterian Church, Kittanning  
 Word of Grace Fellowship, Indiana  
 Zion of Petroleum Valley, Karns City  
 Zion United Methodist Church, Sarver



### A Miracle in Butler...

"We were scared about being good parents. My Choice Medical (in Butler) helped us out a lot. We learned a lot of new information. You were very helpful with knowing how to care for a baby. We are so happy with our little miracle. Thank you very much for the clothes you gave us."

Courtney Nichole was born at Butler Memorial Hospital on January 3, 2014 at 7:40pm weighing 6lbs 8 oz. and 19 1/2" long. She has beautiful blue eyes and lots of dark hair.



### A Miracle in Indiana...

A young woman came to our Indiana Clinic in a desperate state. Abortion, adoption, and parenting were all options she would consider, however abortion was her first choice.

We loved her, told her the truth, and showed her the little life hidden within her during the ultrasound scan. Our client left our clinic still unsure of her decision but she seemed to have a glimmer of hope: maybe this was possible, maybe she could give life to this unborn child.



God is moving. Women in Indiana are being given real options and words of truth. Hearts and minds are being changed, and the love of Jesus is being shared. Thank you for supporting this ministry. Because of you, we are able to touch lives and follow God's leading.

### A Miracle in Kittanning...



Liz and Michael are a wonderful married couple, first time parents, and attentive students in our Earn While You Learn parenting program. Baby Mikey is growing well and comes to the appointments with his mom and dad weekly, as they build confidence in their parenting

ability, and get the added benefit of help with diapers and little clothes for Mikey. Thank you for supporting us so we can continue to help families like this...





13633 State Route 422, Suite B  
Kittanning, PA 16201

### The Year in Numbers at My Choice Medical Clinics in Butler, Armstrong, & Indiana Counties



**580 Client Visits**  
**90 of the 144 Pregnancy Tests**  
**we did were positive**  
**and After 85 Ultrasounds**  
**44 of the 67 At Risk Clients chose LIFE!**



It is with great joy we announce that on December 8th 2013, Life Choices' Executive Director, Chelsea Rearick, married her best friend, Eric Frantz. Please join us as we extend our love, blessing, and prayers to their sweet new family!

#### Board of Directors:

Sari Harris - Chair  
John Merhaut - Vice Chair  
Tiffany Dailey - Secretary  
Rhyllie Ochs - Treasurer  
Becky Smith  
Larissa Murphy  
Barb Baron

#### Administrative Office:

13633 State Route 422, Suite B  
Kittanning, PA 16201  
724-545-2826  
LCinfo@yourlifechoicesinfo.com

#### Executive Staff:

Chelsea Rearick, MA - Executive Director  
Michele Oleksak, MD - Medical Director  
Amanda Vaglia, MD - Medical Director  
Arwin Bassler, MD - Medical Director  
Katie Stolitz, RN - Nurse Manager  
Traci Fiaretti - Client Services Director  
Christy Pittman - Education Director  
Gina Jones - Development Director  
Pam Brumbaugh - Office Manager  
Pat Throckmorton - Prayer Coordinator

#### Kittanning Staff:

Pam Brumbaugh - Clinic Director  
Claudia Claypoole, RN - Nurse

#### Butler Staff:

Kelly Morgan - Clinic Director  
Ginger Pillar, RN - Nurse  
Pam Black, RN - Nurse

#### Indiana Staff:

Deanna Karloski - Clinic Director  
Donna Smith, RN - Nurse

#### Client Services:

1-877-223-7558  
Help@pregnantnowwhat.com

#### Information Website:

[www.yourlifechoicesinfo.com](http://www.yourlifechoicesinfo.com)

#### Client Website:

[www.pregnantnowwhat.com](http://www.pregnantnowwhat.com)

#### Education Website:

[www.justwant2know.com](http://www.justwant2know.com)

If you would like to receive monthly newsletters via email, please call 724-545-2826 or email us at [LCinfo@yourlifechoicesinfo.com](mailto:LCinfo@yourlifechoicesinfo.com). If you no longer wish to remain on our mailing list, call us at 724-545-2826.